

Campylobacteriosis



Infectious Disease
Epidemiology &
Prevention Division

September 2026

What is Campylobacter?

Campylobacteriosis is an infection caused by the bacteria *Campylobacter*. These bacteria live in the intestines of a variety of animals that may not be sick themselves. Eating raw or undercooked poultry is one of the most common ways to become infected with *Campylobacter*.



Why do I need to stay home?

- To protect vulnerable populations from also getting sick
- Resting at home allows your body to recover faster
- *Campylobacter* can spread easily from person to person without proper handwashing

If you work at or visit a high-risk setting, extra exclusions may apply.



Food Service

Indiana code requires the following before returning to work:

- Staying home until symptoms stop for more than 24 hours **and**
- Receiving education on how to prevent this illness at home and at work



Childcare/School Attendee

Indiana code requires the following before returning to work or attending school/childcare:

- Staying home until symptoms stop for more than 24 hours **and**
- Receiving education on how to prevent this illness at home and at work



Healthcare and long-term care facilities

Indiana code requires the following before returning to work:

- Staying home until symptoms stop for more than 24 hours **and**
- Receiving education on how to prevent this illness at home and at work



Aquatic Venues (e.g., swimming pools, whirlpool spas, wading pools, water parks, interactive fountains, lakes)

Indiana code requires the patient to be excluded from aquatic venues until:

- Symptoms stop for more than 24 hours

For more information, visit the Indiana Department of Health
Campylobacteriosis webpage.

